Welcome Back!

- Quickly sit with your Orientation Teams!
- Don't know your team?
 - Check your emails from First Year Experience (FYE)!
 - Check your texts (if you opted-in)!





Top 10 Tips!



Get your devices ready!

This presentation is interactive.













Connected. Accepted. Valued.





Active. Involved. Interests.





Planning. Goal Setting. Striving.





Purpose. Significance. Fulfillment.













Proactivity is Key!

Prime parking locations will fill up <u>FAST!</u>

 Get to campus early so you have time to find a spot and get to your commitments on time



Proactivity is Key!

Know your locations prior to arriving!

 Parking in the same place on back-to-back days might not be the most efficient if you are on opposite ends of campus each day



Proactivity is Key!

Traversing campus takes a while!

- 15-30+ minutes to get from place to place
- This is a sidewalk heavy campus; you cannot take a car all the way up to most buildings



OLs – share your expertise!





Support Resources

- UCF Police Department (UCF PD)
- Victim Services
- Office of Nondiscrimination & Accommodations
 Compliance (ONAC)
- Student Conduct and Academic Integrity (SCAI)



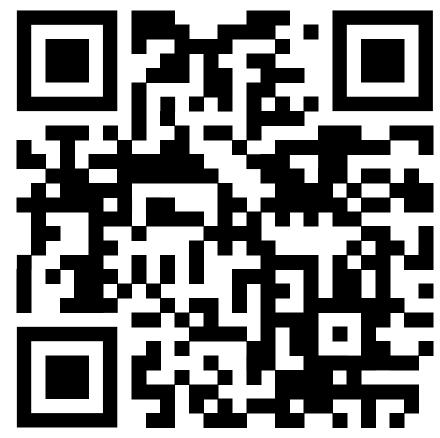


Supporting the UCF Community

At UCF, we're committed to creating a welcoming environment. That includes making sure you feel safe and supported — physically, mentally and emotionally. If you experience or witness something on campus that doesn't seem right, we want to know about it. We take each concern

bit.ly/UCFReport







Keeping our campus & community safe is our top priority.



We all play a role in keeping our community a safe . If you see something, say something – immediately and to police – and we'll do something. UCF Police officers patrol campus 24/7, and dispatchers can be reached at any time by calling 911 for emergencies or 407-823-5555 for non-emergencies.



Emergency: 911 UCF PD Non-Emergency: (407) 823-5555



Tip 4: Connect with your Academic Success Coaches OFTEN

Colleges?

If you are physically able, raise your hand if "college" was in the name of your previous institution!



Colleges!

- College is an umbrella term
- Each major is housed under a specific
 - college



Find Your College !





Academic <u>SUCCESS</u> Coaches

- Here for your success!
- Can connect you to additional resources
- See them often & stay in contact with them
 - Check your emails regularly
 - Keep important dates in mind





Office of Student Involvement (OSI)

- Annual Events
 - Pegasus Palooza
 - Homecoming
- Registered Student Organizations (RSOs)
- Involvement



Knight 是Connect











Q Search...

SIGN IN



Find Organizations

Join a new organization and utilize discussion, news posts, and group messaging.



Attend Events

Discover events happening on campus or in your area.



Track Involvement

Record your activities and memberships on campus to showcase your Involvement.



Knight Hill Connect





bit.ly/KnightConnectUCF



Transfer Center

Hub for Transfer students to get connected!



Transfer Center

Success Coaching

Social Events

Study Rooms

Workshops

Lounge Space

A place to build community!



Transfer Center Lounge

Trevor Colbourn Hall Open TODAY – 3:00pm – 4:45pm





Resources Covered

- Safety/Support Resources
 - UCF Police Department (UCF PD)
 - Victim Services
 - Office of Nondiscrimination & Accommodations Compliance (ONAC)
 - Student Conduct and Academic Integrity (SCAI)
- Academic Resources
 - Academic Success Coaches
- Involvement/Engagement Resources
 - Office of Student Involvement (OSI)



Student Academic Resource Center (SARC)

Group and one-on-one tutoring

Supplemental Instruction (SI)

Academic workshops



Transfer Peer Knights

- Transfer students who have been in your shoes
- One-on-one transition coaching
- Can connect you to additional resources
- Your first semester is the perfect time to get involved!



Student Health Services

PrimaryCareDental

PharmacySpecialtyCare



Counseling and Psychological Services (CAPS)

- Stand alone counseling sessions
- Short-term counseling
- Group therapy
- Crisis and referral services



Counseling and Psychological Services (CAPS)

- In person appointments or drop in
- Telehealth
- 24/7 Crisis Hotline
 - CAPS Crisis Line (407) 823-2811 (press 5)



Resources Covered

Well-Being Resources

- Student Health Services
- Counselling and Psychological Services (CAPS)

Academic Resources

- Academic Success Coaches
- Student Academic Resource Center (SARC)



Safety/Support Resources

- UCF Police Department (UCF PD)
- Victim Services
- Office of Nondiscrimination & Accommodations Compliance (ONAC)
- Student Conduct and Academic Integrity (SCAI)

Involvement/Engagement Resources

- Office of Student Involvement (OSI)
- Transfer Peer Knights



Tip 8: Build Your Student Success Network

Who is in your network of support?



Pair up with a teammate – answer these two (2) questions!

- What does support look like to you?
- Who is currently in your network of support?



FERPA

- Family Educational Rights and Privacy Act
- Protects students' educational records

 "Records Release Authorization" form through MyUCF



YOU are the one who decides!





Learn from those around you!



Civil Discourse is Key

- UCF allows you to show up as YOU!
- Maintain respect and open mindedness
- Getting involved can help with this
- Learning from the UCF community will connect you more to the UCF community





Transition takes time!



"Transfer Shock"

- Potential for a dip in GPA
- Transitional challenges
- Emotional distress
- Adapting to new environment



You are prepared!



You are NOT alone!



